

***Molly L. VanDuser, M.S. Ed., LPC, NCC***  
***President/Owner***

**PEACE OF MIND, INC.**  
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## **PROFESSIONAL DISCLOSURE STATEMENT**

*This document contains important information, and you are asked to review and retain it for future reference.*

### **THE COUNSELING RELATIONSHIP:**

Counseling is both a helping relationship and a process of change. Client and Counselor work on identified problems in a collaborative manner. This entails developing a plan for meeting your needs. In each session, we will review progress towards goals, assess symptoms, and focus on immediate objectives. What you bring to our work is important, including willingness to change certain behaviors, regular and timely attendance at sessions, openness and trust.

### **ABOUT YOUR COUNSELOR:**

***Molly L. VanDuser, M.S. Ed, LPC, NCC:***

- Is President and owner of Peace of Mind, Inc.
- Is licensed by the North Carolina Board of Licensed Professional Counselors (NCBLPC) as a Licensed Professional Counselor (LPC #4963), and since June 1, 2001, has been credentialed by the National Board of Certified Counselors (NBCC) as a National Certified Counselor (NCC # 56119).
- Holds a Master's Degree in Education, with a concentration in mental health counseling, awarded by Alfred University, in New York State, in May of 1999.
- Has 10 years post-master's counseling experience with children, adolescents, and adults, and has an additional 5 years pre-master's and undergraduate experience in career exploration and personal guidance with college students, displaced workers, and disabled students.
- Has extensive treatment experience working in the field of trauma assessment and treatment, including: crisis and disaster mental health services; childhood sexual abuse; sadistic ritual abuse; dissociative identity disorder; military combat stress and PTSD; domestic violence; and child custody.
- Is currently serving children, adolescents and adults, in individual, family and group therapy, and specializing in family therapy; stepfamily dynamics, violence prevention, trauma issues, and military adjustment issues.

## **TREATMENT, SERVICES AND FEES:**

Your counselor is a self-employed, Licensed Professional Outpatient Treatment Counselor, and President/Owner of the corporation, Peace of Mind, in Lillington, North Carolina.

Current insurance panels include Medicaid, Health Choice, MedCost, Ceridian EAP, Magellan EAP, Value Options, Blue Cross/Blue Shield, CIGNA, Managed Health Network (MHN), TRICARE Prime and Standard, and Military One Source.

Fees charged for client sessions are as follows and there is not a sliding fee scale:

- Initial Assessment           \$150
- Individual Session           80
- Family Session               95

Cash or checks are acceptable methods of payment.

Your session will start on time and will typically last 45 minutes for individual, and 90 minutes for family and group therapy. Your counselor's framework and theory used is family systems and your counselor will utilize cognitive behavioral strategies and interventions, all of which will be explained to you in an understandable manner at the first session.

You can expect to learn specific skills intended to enhance relationships, and you will have the opportunity to practice new skills within the safety of the counseling sessions. While the process of learning and change is sometimes uncomfortable, you can expect no harm to come within the counseling relationship. Should you find, in practicing your new skills at home, school, or work that the result has an unintended negative effect in your life, you can also expect to bring that information to your next appointment, where modifications can be considered. Always, your sense of safety is the primary concern and focus.

## **AFTER HOURS CALLS/EMERGENCIES:**

Cancellations and changes to appointments can be made weekdays during or after business hours at **(910) 814-2197**. While Peace of Mind, Inc, does not provide emergency answering service for evenings and weekends I do frequently check messages on the office answering machine, and messages will also reach me by calling the emergency cell phone number at: **(919) 812-2863**. **If there is an emergency and you are unable to receive a timely response please call 9-1-1 and utilize the emergency department at your local hospital.**

## **MISSED APPOINTMENTS:**

In an ongoing effort to reduce insurance costs and manage clinic time, we do ask that you cancel or change an appointment 24 hours before your scheduled time. Frequent cancellations are an issue that affect the counseling relationship and will be addressed as they occur. Please take time to record your appointments on your personal calendar. We will make every attempt to give you a reminder call, but whether or not you receive this call, keeping up with your appointment date and time is your responsibility.

## **CONFIDENTIALITY:**

Your counselor respects your right to privacy and avoids unwarranted disclosures of confidential information. Safeguards are in place, but complete protection of privacy cannot be promised. In rare cases, courts may order disclosure of medical records. Confidentiality may also be breached in emergency situations to protect the safety of the Client or to prevent harm to others. North Carolina law requires report of child abuse or elder abuse and your Counselor does not need a Release to speak to authorities in these cases.

If you wish your Counselor to communicate with a third party, or if you request a transfer or release of your medical records, you will be asked to sign a Release form. In addition, you are being provided with a copy of HIPAA regulations, which were put into place primarily to protect vulnerability of client medical data due to increased use of electronic technology.

## **USE OF DIAGNOSIS:**

As is true in all medical billing, your insurance company requires we indicate a code number to represent your diagnosis; they will not reimburse without that code. On occasion, insurance companies may also audit charts, though their sole concern would be to examine for deficits in the method of documentation or billing. Insurance companies usually require treatment plans, when you need authorization for additional services. Since reimbursement for treatment is based on medical necessity, involving symptom-based criteria, your symptoms may be noted in this kind of report.

**Please be aware that diagnoses will become part of your medical record, and although this information will be safeguarded to the extent possible, this information may have to be released if the record is subpoenaed into court.**

## **REGISTERING COMPLAINTS:**

If issues arise in the course of the counseling relationship, it is hoped that these will first be addressed directly with your counselor. However, if you remain convinced that Professional Ethics have been violated, formal complaint may be registered in writing. Appropriate Forms are available upon request from the North Carolina Board of Licensed Professional Counselors, by addressing a letter to P.O. Box 1369, Garner, NC 27529; calling (919) 661-0820; or by visiting the web site and downloading a form at <http://www.ncblpc.org/complaints.html> .

NAME \_\_\_\_\_

MR # \_\_\_\_\_

Before your appointment please review your therapist's professional disclosure statement and curriculum vita. You can also access this information on our web site by visiting: [www.peace-of-mind-inc.com](http://www.peace-of-mind-inc.com) .

**PROFESSIONAL DISCLOSURE ACKNOWLEDGEMENT:**

Please feel free to ask questions at any time.

*By signing below, you are agreeing that an opportunity has been provided to discuss any concerns you may have prior to committing to counseling. The invitation to open discussion will remain in effect throughout the relationship.*

\_\_\_\_\_  
Client/Parent/Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date